

Study flow

1. Physician flips a coin to determine sequence of BP measurements technique for that day.
Unattended measurements is optional. If only causal office BP measurement will be performed, this point should be skipped.
2. Physician checks the list of patients who are invited to the visit in outpatient clinic that day and chooses first four patients who fulfill inclusion/exclusion criteria.
3. If patient refuse to participate physician chooses the next one who fulfill inclusion/exclusion criteria.
However, data on patients who refuse to participate should be collected from medical records.
4. Patient signs informed consent.
5. Physician/nurse measure arm as stated above and determine the proper cuff.
6. If only causal BP is going to be performed skip the part related to the unattended BP technique.
If unattended BP technique was sequenced to be the first method that day physician follows the rule for this technique as shown above.
After 16 minutes (5 minutes rest plus 3 measurements) physicians enters the room and read the average value which should be entered into the eCRF.
When unattended BP measurement is finished, physician measures BP using classic/casual office BP measurement technique for three times following the ESH/ESC guidelines and enters all three values into the eCRF.
If classic/casual BP measurements technique was sequenced to be the first method that day patient rests for 5 minutes before BP measurements.
When classic/casual BP measurement are finished patients goes to the separate room where unattended BP measurements is performed.
7. After finishing both BP measurements questionnaire (eCRF) is administered.
8. Body weight, height and waist circumference are measured by the nurse and entered into the eCRF.
9. ECG and ABPM should be attached (this could be done during this visit, or later in next few days before closing patient's eCRF).
10. Physician save all data which are entered into the eCRF.
11. Additional data from medical records could be entered during this visit, or later in next few days.
12. After that physician can finish and close eCRF.